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| **Week** | **Coursework Topics and Texts** | Evaluation Strategies |
| **1** | **Initiative Games**  Lesson 1:   * Introduction to Outdoor Recreation and Leisure Studies * Why is recreation important? * Go through overviews/ expectations/uniforms   Lesson 2:   * What are initiative games? * Problem solving. * How to communicate and cooperate * (explicitly teach students about listening to talking) * Mines – cooperation and teamwork   **OR**   * Pyramid | **Self – management** – observation (on-going)  **Attitude and Values** – observation (on-going)  **Interpersonal Skills** – Team work concept – participation in class discussions (on-going) |
| **2** | Lesson 3:   * Tug of War – cooperation and teamwork   **OR**   * Traffic Jam – Introduce debriefing   Lesson 4:   * Missionaries and Cannibals – problem solving   **OR**   * Jumping Jack Flash- jump rope activity - cooperation |  |
| **3** | Lesson 5:   * Egg and Spoon Race and Egg Throw – cooperation   Lesson 6:   * Genetic Package – problem solving (need 4 wooden poles per group and 1 ‘explosive’ package) |  |
| **4** | **BUSHWALKING**  Lesson 7:   * Introduction – Bushwalking, planning, walking safely * Leave no trace handout and PowerPoint   Lesson 8:   * Swan Christian College Grounds ‘Bushwalk’ |  |
| **5** | Lesson 9:   * Introduce Bushwalking Assessment * Divide students into pairs and assign topics (See Handout) * Students start creating bushwalking presentation as per the instructions and marking rubric.   **BUSH WALKING ASSESSMENT**  Lesson 10:   * Bush walking excursion – Swanleigh Cemetery? | **Knowledge and Understanding** –  Bush Walking Assessment  Due in class in Lesson 12  See Marking Rubric Handout |
| **6** | Lesson 11:   * Students to continue working on 5 minute presentation, preparing to present in the next lesson   Lesson 12:   * Students present their assignments to the class in a teacher chosen order. |  |
| **7** | **RECREATIONAL BIKE RIDING**  Lesson 13:   * Riding Etiquette - PPT presentation on rules and expectations.   Lesson 14:   * Riding using gears – school based |  |
| **8** | Lesson 15:   * Riding for recreation – school based   Lesson 16:   * Riding for recreation – skills test * Braking control – Reaction time test * Use of Gears – Student Races |  |
| **9** | Lesson 17:   * Riding for recreation – Chocolate factory   Lesson 18:   * Riding Excursion – Chocolate factory | **Physical Activity Skills** - Observation of biking skills and biking etiquette.  **Self-Management** – effective use of class time and organisation for class. |
| **10** | * Catch-up time * Catch-up time |  |

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| **Week** | **Coursework Topics and Texts** | **Evaluation Strategies** |
| **1** | FIRE MAKING – THEORY   * Basic fire building principles and uses * Campfire safety | **Ongoing Observation**: Physical skills, Interpersonal Skills, Self- management skills, Attitude and Values. |
| **2** | FIRE MAKING – PRACTICES   * Students to demonstrate safe fire making   FIRE COOKING   * Damper cooking in alfoil |  |
| **3** | ASSESSMENT TASK   * Students to create an APP for a smart phone “fire building for dummies”   FIRE COOKING   * Baked apples | “Fire Building for Dummies” – Due Week 5 |
| **4** | FIRE COOKING   * Cooking preparation for Chicken and Vegetable Kebabs * Cooking of Kebabs * Hand out Master Chef assessment task |  |
| **5** | CAMP MASTER CHEF   * Half of the groups cook and other half assesses | **Peer Assessment** - “Camp Master Chef” |
| **6** | HANDBALL   * Introduction to skills and rules. Watch clips of games to identify rules * Skills practice | Ongoing observation of physical skills developed |
| **7** | HANDBALL   * Skills practice/ mini game * Skills practice/ mini game |  |
| **8** | HANDBALL   * Game Play * Game Play | **Knowledge and Understanding:**  Handball Theory test |
| **9** | HANDBALL / FREE GAME PLAY |  |