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| **Week** | **Coursework Topics and Texts** | Evaluation Strategies  |
| **1** | **Initiative Games**Lesson 1:* Introduction to Outdoor Recreation and Leisure Studies
* Why is recreation important?
* Go through overviews/ expectations/uniforms

Lesson 2: * What are initiative games?
* Problem solving.
* How to communicate and cooperate
* (explicitly teach students about listening to talking)
* Mines – cooperation and teamwork

 **OR*** Pyramid
 | **Self – management** – observation (on-going)**Attitude and Values** – observation (on-going)**Interpersonal Skills** – Team work concept – participation in class discussions (on-going) |
| **2** | Lesson 3:* Tug of War – cooperation and teamwork

 **OR*** Traffic Jam – Introduce debriefing

Lesson 4: * Missionaries and Cannibals – problem solving

 **OR*** Jumping Jack Flash- jump rope activity - cooperation
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| **3** | Lesson 5:* Egg and Spoon Race and Egg Throw – cooperation

Lesson 6:* Genetic Package – problem solving (need 4 wooden poles per group and 1 ‘explosive’ package)
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| **4** | **BUSHWALKING**Lesson 7:* Introduction – Bushwalking, planning, walking safely
* Leave no trace handout and PowerPoint

Lesson 8:* Swan Christian College Grounds ‘Bushwalk’
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| **5** | Lesson 9: * Introduce Bushwalking Assessment
* Divide students into pairs and assign topics (See Handout)
* Students start creating bushwalking presentation as per the instructions and marking rubric.

**BUSH WALKING ASSESSMENT**Lesson 10: * Bush walking excursion – Swanleigh Cemetery?

  | **Knowledge and Understanding** – Bush Walking AssessmentDue in class in Lesson 12 See Marking Rubric Handout |
| **6** | Lesson 11: * Students to continue working on 5 minute presentation, preparing to present in the next lesson

Lesson 12:* Students present their assignments to the class in a teacher chosen order.
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| **7** | **RECREATIONAL BIKE RIDING**Lesson 13:* Riding Etiquette - PPT presentation on rules and expectations.

Lesson 14:* Riding using gears – school based
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| **8** | Lesson 15:* Riding for recreation – school based

Lesson 16:* Riding for recreation – skills test
* Braking control – Reaction time test
* Use of Gears – Student Races
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| **9** | Lesson 17:* Riding for recreation – Chocolate factory

Lesson 18:* Riding Excursion – Chocolate factory
 | **Physical Activity Skills** - Observation of biking skills and biking etiquette.**Self-Management** – effective use of class time and organisation for class. |
| **10** | * Catch-up time
* Catch-up time
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| **Week** | **Coursework Topics and Texts** | **Evaluation Strategies**  |
| **1** | FIRE MAKING – THEORY* Basic fire building principles and uses
* Campfire safety
 | **Ongoing Observation**: Physical skills, Interpersonal Skills, Self- management skills, Attitude and Values. |
| **2** | FIRE MAKING – PRACTICES* Students to demonstrate safe fire making

FIRE COOKING* Damper cooking in alfoil
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| **3** | ASSESSMENT TASK* Students to create an APP for a smart phone “fire building for dummies”

FIRE COOKING* Baked apples
 | “Fire Building for Dummies” – Due Week 5 |
| **4** | FIRE COOKING* Cooking preparation for Chicken and Vegetable Kebabs
* Cooking of Kebabs
* Hand out Master Chef assessment task
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| **5** | CAMP MASTER CHEF* Half of the groups cook and other half assesses
 | **Peer Assessment** - “Camp Master Chef”  |
| **6** | HANDBALL* Introduction to skills and rules. Watch clips of games to identify rules
* Skills practice
 | Ongoing observation of physical skills developed |
| **7** | HANDBALL* Skills practice/ mini game
* Skills practice/ mini game
 |  |
| **8** | HANDBALL* Game Play
* Game Play
 | **Knowledge and Understanding:**Handball Theory test |
| **9** | HANDBALL / FREE GAME PLAY |  |